



DO Mastinell

Wellness

DO Mastinell Wellness invites you to immerse yourself in an experience holistic well-being in an idyllic setting, surrounded by vineyards and nature. Our rituals and treatments are designed to nourish your body, calm your mind and lift your spirit.

Are you coming with us?



Welcome to DO Mastinell Wellness!

In our wellness space, we are pleased offer you unique care experiences and rejuvenation. Inspired by the rich history oenology and the Mediterranean passion that defines Hotel Boutique Mastinell, we have created a haven of serenity in the heart of Alt Penedès.

Our philosophy

In this catalog you will find a careful selection of treatments, rituals and massages designed to nourish the body, calm the mind and lift the spirit. Each service is designed to offer a transformative experience, where care is more than a service: it's a way of life.



FACIAL TREATMENTS

PERFECT HYGIENE · ALL SKIN TYPES

Deep and painless facial cleansing, performed with Organic & Vegan products that help the skin get rid of all its impurities, erase damage caused by pollution, and regain a radiant and luminous appearance. An essential first step to cleanse the skin and prepare it for future treatments.

Duration 75 minutes

135€

DETOX SKIN TREATMENT · DULL SKIN

Ultra-detox facial treatment that helps dull and pollution-affected skin regain a fresh and healthy appearance. Through the application of various masks with great purifying (activated charcoal) and oxygenating power, the skin regains its brightness and healthy appearance.

Duration 75 minutes

135€

HERBAL PURE TREATMENT · OILY SKIN

Purifying facial treatment specially developed for oily skin. Thanks to its astringent actives such as Dead Sea salt and its rebalancing actives like Tea Tree, this treatment helps reduce oil production, close pores, and regain healthy-looking skin without shine.

Duration 75 minutes

135€

HYDRA GREEN TREATMENT

DEHYDRATED AND/OR UNDERNOURISHED SKIN

Ultra-hydrating facial treatment that provides the skin with an immediate feeling of comfort and well-being. After the application of various masks with a high content of active nutrients and Avocado and Argan oils, the skin regains its hydration and luminosity.

Duration 75 minutes

135€

FACIAL

BODY

RITUALS

COUPLE

PREGNANT

ETERNAL LIFTING EXPERIENCE.* · ANTI-AGING LIFTING

Iconic firming facial treatment performed with cosmetics and masks that have a high content of regenerating and anti-aging actives that provide all the necessary antioxidants and nutrients to firm the skin and restore its elasticity. Accompanied by the **LE FACELIFT SCENS** massage, muscles relax, the skin lights up, and the facial oval regains its definition and firmness.

*In this treatment, you can experience the exclusive **LE FACELIFT SCENS** facial massage that provides an immediate lifting effect.

Duration 90 minutes

165€

ELIXIR REPAIR · DAMAGED AND/OR UNDERNOURISHED SKIN

Ultra-repairing treatment ideal for skins that need nutrition and repair on the face, neck, and décolletage. During the treatment, a complete massage is performed using the exclusive **SCENS, RENEW** technique, achieving unique results along with an unprecedented sensory experience. Thanks to **LE MASQUE ULTRA RICHE** and **L'ELIXIR** and their powerful repairing extracts like Shea Butter and Ginkgo Biloba, intense tissue regeneration and smooth and illuminated complexion are obtained.

Duration 90 minutes

165€



BODY TREATMENTS

BODY SLIM SECRET PROGRAM by SCENS

A customizable 360° body program that drains, reduces cellulite, sculpts, and/or firms the body. It is a multi-session program that combines different **SCENS** body techniques and treatments to specifically address each client's needs and achieve the best results. Thanks to the synergy of different exclusive **SCENS** techniques such as **SCENS WOOD THERAPY**, among others, and the application of the anti-cellulite body oil **L'HUILE MINCEUR**, it is possible to drain fluid retention, reduce the appearance of cellulite, treat localized fat, and/or firm tissues.

* We offer treatment packages, memberships, discounts for multiple sessions, or special promotions for events and seasons.

BODY SLIM SECRET DETOX / MANUAL + WOOD THERAPY

A body treatment specially designed to drain, detoxify, and reduce silhouette volume. Thanks to the application of slimming wraps and the anti-cellulite body oil **L'HUILE MINCEUR**, along with the exclusive **SCENS WOOD THERAPY** technique, it is possible to reshape the silhouette, prevent fluid retention, and achieve great results.

Duration 90 minutes

135€

BODY SLIM SECRET FIRMING · FIRMING

A body treatment exclusively designed to intensely firm tissues. Supported by the **SCENS WOOD THERAPY** technique (Wood Therapy), this effective treatment allows reshaping the silhouette while improving skin tone. Firming actives used during the treatment such as Orange, Carrot, and Ginger help the skin regain all its elasticity and firmness.

Duration 75 minutes

125€

FACIAL

BODY

RITUALS

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PREGNANT

BODY SLIM SECRET SCULPT · LOCALIZED FAT

A body treatment specially designed to treat adiposity and localized fat in the most stubborn areas of the body. Thanks to the combination of slimming wraps based on Spirulina, Laminaria, and Marine Sludge, along with the anti-cellulite oil **L'HUILE MINCEUR** and the exclusive **SCENS WOOD THERAPY** technique (Wood Therapy), localized adipose tissue is reduced, and the silhouette is sculpted.

Duration 75 minutes

125€

BODY SLIM SECRET ANTI-CELLULITE · ANTI-CELLULITE

A body treatment that acts on cellulite and orange peel skin, through deep manual maneuvers, the anti-cellulite oil **L'HUILE MINCEUR**, and the exclusive massage technique **SCENS WOOD THERAPY** (Wood Therapy). Visible results from the first session as it improves the texture and appearance of orange peel skin, draining and reducing body volume.

Duration 75 minutes

125€

All treatments are performed with the **SCENS WOOD THERAPY** technique (Wood Therapy). Wood Therapy is an ancient Chinese technique applied in Aesthetics to drain, reshape, and firm the body. It consists of massaging using various wooden tools designed to perfectly adapt to different areas of the body

ORGANIC BODY SCRUB & MASSAGE. EXFOLIATION + RELAXING

Deep Organic & Vegan body exfoliation using different salts (Himalayan salt, Dead Sea salt) and essential oils (Lavender, Geranium, Cypress, Rosemary, Chamomile) that help the skin to get rid of all dead cells and recover all the necessary elasticity and hydration to feel a sensation of comfort and well-being. The treatment ends with an ultra-sensory relaxing massage

Duration 60 minutes

135€

BIO DETOX MASSAGE · DRAINING

Draining massage performed with Geranium, Baobab, and Chia oils, which, in combination with a manual **DETOX** massage and the **SCENS WOOD THERAPY** technique, stimulate metabolism and eliminate toxins.

Duration 60 minutes

110€

Duration 90 minutes

140€

FACIAL

BODY

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VEGAN RELAXING MASSAGE · RELAXING

Relaxing massage performed with Baobab, Lavandin, and Bergamot oils. Especially indicated for all those who wish to disconnect from routine and eliminate physical and mental tension in a relaxed and enveloping environment.

Duration 60 minutes 120€

Duration 90 minutes 145€

ORGANIC DECONTRACTING MASSAGE

Ultra-effective and firm-pressure body decontracting massage. Thanks to Cannabis, Arnica, Patchouli, and Clove oils, this massage relieves emotional and bodily stress, relaxing and oxygenating the muscles, and reducing the tension accumulated throughout the body.

Duration 60 minutes 140€

Duration 90 minutes 160€

LEGS MASSAGE · TIRED LEGS

Massage that helps to relieve the sensation of tired and heavy legs, preventing fluid retention.

Duration 30 minutes 80€

VINOTHERAPY MASSAGE

Wine and cava are not only enjoyed through taste and smell but also offer a magical treatment using grape pomace. These pomace possess natural antioxidant properties with an anti-aging and detoxifying effect on the skin. Furthermore, we continue with a vinotherapy massage using organic oil extracted from grape seeds, providing a comprehensive experience of well-being and rejuvenation. To culminate this experience, you can enjoy a glass of wine or cava from our excellent cellar.

Duration 60 minutes 110€ per person

Duration 90 minutes 145€ per person

FACIAL

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MASSATGE WELLNESS

The wellness massage is an experience designed to release stress and ease mental and emotional tensions. You'll enjoy a deep body massage that relaxes your muscles and improves circulation, helping you shed accumulated stress. Following this, you'll immerse in a facial massage that will revitalize and relax your facial muscles, leaving you with a complete sense of well-being. This holistic treatment will help you find balance between body and mind, leaving you renewed, relaxed, and in harmony. Allow yourself this moment to care for yourself and reconnect with your inner self.

Duration 60 minutes

95€

MASSATGE HOLÍSTIC

The holistic massage, performed with organic oils, is a gentle and progressive technique that releases the accumulated tension in the muscles, providing a feeling of relaxation for the body and mind. This integrative approach seeks to balance physical and emotional well-being, offering an experience of complete peace and harmony.

Duration 60 minutes

110€

Duration 90 minutes

135€

MASSATGE PEDRES CALENTES

Our hot stone massage targets energy points, using warmth to enhance energy and vitality. It helps alleviate pain, promotes relaxation, aids in better sleep, and stimulates blood circulation. Enjoy this rejuvenating experience that promotes overall well-being.

Duration 60 minutes

110€

Duration 90 minutes

135€

FACIAL

BODY

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RITUALS

ORGANIC & VEGAN RITUAL

RELAXING BODY MASSAGE + FLASH FACIAL TREATMENT

Wonderful ultra-enveloping ritual performed with Baobab, Lavandin, and Bergamot oils specially designed to awaken all senses, providing luminosity, well-being, relaxation, and vitality. This ritual includes a relaxing body massage and a Flash facial treatment to achieve a luminous and firm face.

Duration 60 minutes

155€

ORGANIC HYDRA INTENSE RITUAL

EXFOLIATION + RELAXING BODY MASSAGE + HYDRATING FACIAL TREATMENT

Intense facial and body treatment performed with ultra-nourishing active ingredients such as Avocado, Argan oils, and Hyaluronic Acid designed to restore the skin's freshness, hydration, and youth. The action of its products and the ultra-soft techniques of this ritual provide unique sensations and absolute relaxation at all times.

Thanks to the **EXFOLIANT ULTRA HYDRATANT** and **L'HUILE RELAX INTENSE**, the skin is nourished, regenerated, illuminated, and sensations are multiplied.

Duration 75 minutes

175€

FACIAL

BODY

RITUALS

COUPLE

PREGNANT

SENSORIAL LUXURY EXPERIENCE RITUAL. 120 MIN. EXFOLIATION + RELAXING BODY MASSAGE + SCENS FACELIFT MASSAGE

Exclusive and extraordinary facial and body ritual that releases accumulated body tensions and restores all the luminosity and youth to the face through the **LE FACELIFT SCENS** facial massage. The perfect combination of exfoliation with the relaxing body massage and the facial massage will allow you to experience a new rebirth at all times.

Duration 120 minutes

235€

TOTAL REPAIR RITUAL

RELAXING BODY MASSAGE + REGENERATING FACIAL TREATMENT

Repairing facial and body ritual that regenerates and calms the skin. Especially indicated after sun exposure or for very damaged skin. The body massage with exclusive **SCENS** technique and the **L'HUILE RELAX INTENSE** oil allows regenerating the skin, releasing tensions, and achieving an absolute sense of well-being and inner peace. The **SCENS** double cleansing, exfoliation, and ultra-sensory and repairing facial massage with **LE MASQUE ULTRA RICHE** and **L'ELIXIR** provide extra hydration and cellular renewal, thanks to Avocado, Sesame, Argan oils, and Shea Butter, among others.

Duration 90 minutes

155€



COUPLE EXPERIENCES

ORGANIC & VEGAN RITUAL

RELAXING BODY MASSAGE + FLASH FACIAL TREATMENT

A wonderful, ultra-immersive ritual performed with Baobab, Lavender, and Bergamot oils, specially designed to awaken all the senses, providing luminosity, well-being, relaxation, and vitality. This ritual includes a relaxing body massage and a Flash facial treatment to showcase a luminous and firm complexion.

Duration 60 minutes

155€ per person

SENSORIAL LUXURY EXPERIENCE RITUAL

EXFOLIATION + RELAXING BODY MASSAGE + SCENS FACELIFT FACIAL MASSAGE

An exclusive and extraordinary facial and body ritual that releases accumulated body tensions and restores all the brightness and youthfulness to the face through the **SCENS FACELIFT** facial massage. The perfect combination of exfoliation with relaxing body massage and facial massage allows for a constant experience of renewal.

Duration 120 minutes

235€ per person

FACIAL

BODY

RITUALS

COUPLE

PREGNANT

TOTAL REPAIR RITUAL

RELAXING BODY MASSAGE + REGENERATING FACIAL TREATMENT

A reparative facial and body ritual that regenerates and soothes the skin. Especially recommended after sun exposure or for very damaged skin. The body massage with exclusive **SCENS** technique and **L'HUILE RELAX INTENSE** oil help regenerate the skin, release tension, and achieve a sense of absolute well-being and inner peace. The double **SCENS** cleansing, exfoliation, and ultra-sensory and reparative facial massage with **LE MASQUE ULTRA RICHE** and **L'ELIXIR** provide extra hydration and cellular renewal, thanks to Avocado, Sesame, Argan oils, and Shea Butter, among others.

Duration 90 minutes

155€ per person

360° EXPERIENCE MASSAGE

FACIAL AND BODY DECONTRACTING

A decontracting facial and body massage performed with Cannabis, Arnica, Patchouli, and Clove oils, allowing for a 360° massage covering the skull, face, and entire body. Ideal for relieving ailments such as bruxism and facial, cranial, cervical, and mandibular muscular pains.

Duration 90 minutes

165€ per person



A DO Mastinell Wellness, we understand that pregnancy is a wonderful stage but can also bring certain physical and emotional challenges. That's why we are pleased to offer a series of massages specially designed to accompany you on this unique journey, providing you with moments of relaxation and well-being.

CARE FOR PREGNANT WOMEN

We are delighted to offer you a unique experience of relaxation and well-being, specially designed for you and your baby during this wonderful pregnancy period. Through specialized manual techniques, we will help you relax deeply, releasing accumulated tensions and alleviating any discomfort you may experience during this special stage.

By using exclusively products from the **DULKAMARA** brand, renowned for its excellence in ecological and natural plant-based products, we guarantee an experience that respects your bodies

FACIAL: <i>Duration 60 minutes</i>	95€
BODY: <i>Duration 60 minutes</i>	115€
FACIAL & BODY: <i>Duration 90 minutes</i>	165€

FACIAL

BODY

RITUALS

COUPLE

PREGNANT

